



# AHA Training and Supervision Anne Holloway

Accredited Mental Health Social Worker (AASW) |  
Clinical member of the Australian Association of Family Therapists (AAFT)  
Accredited Clinical Family Therapy Supervisor.

## **“BEING SENSITIVE TO FAMILIES”** 12-WEEK TRAINING/SUPERVISION IN FAMILY SENSITIVE PRACTICE

### WHAT IS FSP (Family Sensitive Practice )

*Any work role that is performed in a way that is inclusive, understanding and respectful to families, other significant relationships to the client, including their social and cultural roles.”*

### FSP BENEFITS

- You will gain a solid introduction to Systemic/ Family Therapy language, concepts and thinking.
- Collect practical skills that you can use immediately with individuals and families (children, adolescents, adults and older Persons).
- The training is collaborative, interactive, dynamic, experiential and self – reflective,.
- It will acknowledge the diverse professional lenses of knowledge, skills and experience practitioners bring to the Training/Supervision.

### WHO IS FSP FOR?

- All Practitioners interested in working systemically with children, young people and families.
- All Practitioners who desire to upgrade their training or contribute towards the 50 hrs of Supervised training to be eligible for Clinical Membership with AAFT.
- All Practitioners who wish to refresh their systemic skills and I
- increase confidence working with the wider system.

### FSP SKILLS TRAINING FACILITATED OVER FOUR MODULES

- Theory
- Practical Application utilising own case Studies
- Co-therapy and reflecting team in Live Work with Clients
- Use of Self as Therapist



Anne Holloway has over thirty years experience as a Family Therapist .

She is an Accredited Supervisor with the Australian Association of Family Therapy (AAFT) and as the WA State Representative has promoted family therapy strongly through PD events, symposiums and Conferences.

Anne has a strong commitment to systemic principles of practice and increasing the confidence of all Practitioners.

Her qualities as a Trainer and Facilitator are open, honest, awareness of her own strengths and challenges, accepts and receive constructive feedback, empathises, supports and challenges where appropriate.

Alan Carr writing on Family Therapy (2014, 2018a)  
*Journal of Family Therapy,*

*... presents evidence for the effectiveness of systemic interventions for families of children and adolescents and supports the effectiveness of systemic Interventions ‘for sleep, feeding and attachment problems in infancy; recovery from child abuse and neglect; conduct problems, emotional problems, eating disorders, somatic problems, and first episode psychosis’ .....*

**AHA Counselling and Training**  
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## TESTIMONIALS

**Steve Wildsmith | Service Manager | Bentley Family Clinic**

*Anne has been highly Instrumental in enabling our team to set up and sustain our family therapy team and service. Anne's experience, genuine open nature and systemic thinking has been highly regarded by our service and has supported us to continue to develop and sustain our clinical practice. Highly recommend Anne to value add to your clinical systemic practice “*

**Maurizio Andolfi | Child Psychiatrist,  
Professor of Clinical Psychology at University La Sapienza in Rome,  
Director of the International Family Therapy Academy.**

*Anne Holloway is a dedicated and compassionate Mental Health social worker trained as family therapist. Anne reminds me of Virginia Satir, who was able to stand on her own feet in front of the founders ( all men and psychiatrists) with her catching smile and humanity. Anne “sees” the family and her resources even when working with single clients and teach students to do the same. A training that cannot be missed.*

## FSP Training Dates

**Each Wednesday commencing on  
21st February, to 8th May 2024  
Time: 2pm - to - 5pm**

### TRAINING VENUE :

**Vivacious Living Centre | Unit 9a / 9 Riseley Square|  
Upstairs |Applecross WA**

### INVESTMENT : \$1320

(EFTPOS Payments accepted and payment plans).

### ENQUIRIES :

**Contact Anne by mobile or email**



## Training and Supervision Experience:-

**WILLIAM STREET FAMILY  
THERAPY CENTRE**

15 years as a Trainer and  
Facilitator in the Family  
Therapy training team .

**CHILD AND ADOLESCENT  
MENTAL HEALTH (CAHMS)**

Anne provides Agency Based  
training, and has been providing her  
services to CAMHS Clinics /  
Clinical Staff as a Private Consultant  
and Supervisor in the Metro Area.

**OTHER AGENCY BASED  
SUPERVISION/TRAINING**

- WOMENS HEALTH AND FAMILY SERVICES WA
- HELPING MINDS WA
- PALMERSTON DRUG AND ALCOHOL REHABILITATION FARM

**SOPHIA COLLEGE OF  
COUNSELLING,.**

**Brunswick Campus, WA**  
Sessional Staff Member  
Providing Workshops and Lectures  
in Systemic counselling and  
Family Therapy.

**AHA Counselling and Training**

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**Website |**

**www.ahacounsellingandtraining.com**